



## Bullying in the Perspective of the Quran

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**Abstract:** This research is motivated by Muslims who lack ethics and misbehave, such as in cases of Bullying, which are still underestimated by the general public. This is very contrary to Islamic teachings. This research uses descriptive qualitative research analysis, namely an effort to collect data, first compiled, explained, and then analyzed. This type of research is library research, which makes library material the primary data source in this study. The data collection technique in the research is searching and observing the verses of the Qur'an related to Bullying and the interpretations related to the verse. Then, review books, journals, articles, and previous theses/theses that match the theme to be studied. Then, all the data obtained will be collected and analyzed using the maudu'i interpretation method. The result of this study is that Bullying is a form of injustice, which is a real enemy of Islam. Islamic teachings emphasize the importance of compassion and doing good and prohibit actions that denounce, rebuke, or demean others. As creatures of Allah SWT, we should help each other in goodness and not demean or put down each other. Islam emphasizes the values of tolerance, cooperation, and mutual respect for all humans, without exception, who must be treated with respect and respect and respect each other.

**Abstrak:** Penelitian ini dilatar belakangi oleh kaum muslim yang kurang akan etika dan berperilaku yang tidak baik, seperti pada kasus bullying yang masih dianggap remeh oleh khalayak pada umumnya. Hal tersebut sangat bertolak belaka dengan ajaran islam. Penelitian ini menggunakan penelitian kualitatif deskriptif analisis yaitu suatu usaha mengumpulkan data, mula-mula disusun, dijelaskan dan kemudian dianalisis. Jenis Penelitian ini merupakan penelitian pustaka (library research) yaitu menjadikan bahan pustaka sebagai sumber data utama dalam penelitian ini. Teknik pengumpulan data pada penelitian yaitu dengan cara mencari dan mengamati ayat-ayat al-Quran terkait bullying serta, penafsiran-penafsiran yang terkait dengan ayat tersebut. Kemudian, menelaah dari buku, jurnal, artikel, skripsi/tesis terdahulu yang cocok dengan tema yang akan diteliti. Kemudian semua data yang diperoleh dikumpulkan dan di analisis menggunakan metode tafsir maudu'i. Hasil dari penelitian ini bahwa, Bullying adalah sebuah salah satu bentuk kedzaliman yang menjadi musuh yang nyata bagi Islam. dalam ajaran Islam sangat menekankan pentingnya kasih sayang dan berbuat baik serta melarang tindakan yang mencela, menghardik, atau merendahkan orang lain. Sebagai makhluk Allah SWT, seharusnya kita saling membantu dalam kebaikan dan tidak merendahkan atau menjatuhkan satu sama lain. Islam menekankan nilai-nilai toleransi, kerja sama, dan sikap saling menghormati kepada semua manusia tanpa terkecuali, harus diperlakukan dengan hormat dan menghormati, serta saling menghargai.

## A. Introduction

Bullying cases in Indonesia are categorized as an emergency. Bullying cases occur in almost every school. KPAI data in the field of education, there are 14.3% of children who are perpetrators of brawls, 19.3% of bullying victims, 22.4% of perpetrators of violence, and 25.5% of bullying cases, 18.7% of victims. On National Children's Day, KPAI campaigned to stop Bullying and socialized the adverse effects of Bullying on children's growth and development. KPAI stated that based on data obtained in a period of 9 years, from 2011 to 2019, there were 37,381 complaints of violence against children, and bullying cases reached up to 2,473 reports and continued to increase. Bullying hurts the physical and psychological health of individuals (Halima et al., 2021).

It was found that nearly 32% of children worldwide had been victims of Bullying on one or more days in the previous month, and 7.3% had been bullied for six or more days in the same period. However, there are significant regional variations in the prevalence of Bullying around the world, ranging from 22.8% of victimized children in Central America to 25.0%, 31.7% in Europe and North America, and 48.2% in sub-Saharan Africa. There are several forms of variation in the types of Bullying reported, such as physical Bullying and sexual Bullying, which are practiced in both low-income and middle-income countries (Armitage, 2021).

Indonesia is the 5th highest out of 78 countries that experience the most Bullying. In addition to experiencing Bullying, 22% of students in Indonesia admitted to being insulted and having their belongings stolen. Furthermore, as many as 18% were pushed by their friends. 15% experienced intimidation, 19% were ostracized, 14% of students in Indonesia admitted to being threatened, and 20% were students whose bad news was spread by the bully. With these data, it has been proven that Bullying is a significant public health problem and is truly important globally (Junindra et al., 2022).

However, most of our society, especially in Indonesia, still underestimates the act of Bullying. Not a few of our society think that Bullying is only an aggressive attitude in the form of physical violence. Bullying is not only in the form of physical violence, but Bullying can also be verbal, relational, electronic, and other forms. Bullying is sometimes used as a means of proving power over a person or group. The perpetrators of Bullying always have a targeted goal, according to their concerns (Nu'afi & Aini, QurrotaAhsin, 2022).

Bullying can be categorized as antisocial behavior or misconduct behavior because it involves the abuse of power over weaker victims, both individually and in groups, and often occurs repeatedly. Bullying is considered a form of child delinquency because this behavior violates community norms and can be punished by legal institutions (Santrok, 2007). Fauziah said Bullying is aggressive behavior, acts of Bullying, exclusion, or intimidation by someone to others on purpose that repeatedly occurs in the form of verbal or physical. This action is not due to a previous problem but is born from a person's superior attitude, so the perpetrator seems to have the right to humiliate his victim (Fauziah & Mulkih, 2023).

The character and behavior of a child is a gift from God that varies in attitude and nature. Therefore, parents must always pay attention to the growth and development of their children so that negative things do not influence them. In addition to parents, the role of teachers is also important in shaping children's character, especially in the school environment and their relationships. So that the child does not have an attitude that likes to bully other children (Prasetio & Fanreza, 2023). Then, we cannot entirely blame the child when the child is bullying others because several factors make the child do it.

Religious education is important in providing education and learning about ethical and moral values. Religious education is also an important element in creating the character of children who have good character. As explained above, the role of teachers or religious education institutions is vital. Islam teaches us to love each other, not to criticize each other; this is very contrary to the teachings of Rasulullah. Therefore, researchers will examine bullying behavior from the perspective of the Quran. With that, collective efforts are needed from various parties in order to create environmental safety for children.

Moral education cannot be separated from the scope of Islamic education because the peak of Islamic education aims to achieve perfect morals. In other words, a Muslim cannot be said to have a perfect religion if his morals do not reflect good morals according to Islamic morals. A person who has achieved good morals can maintain his ethics, words, and behavior. The importance of maintaining ethics, words, and behavior for a Muslim, especially in today's digital era where negative information is increasingly rampant, is a test of Muslim so that he can maintain his ethics, words, and behavior (Ilham et al., 2022).

Islam emphasizes values such as tolerance, cooperation, and mutual respect. All human beings, without exception, should be treated with respect and valued. We should never look down on or demean others, even if they have differences in terms of faith, race, or culture. Therefore, in Islamic teachings, it is important to show compassion, be kind to fellow friends and relatives, and avoid demeaning and hurting others (Adriyanti et al., 2023).

There are at least three causes of Bullying, as stated by Edu Psycho Research Institute psychologist Yasinta Indrianti. The three factors are: a) the character of power, always wanting to be the strongest and seen as significant; b) family, namely authoritarian or permissive parenting. Moreover, c) an environment that considers bullying behavior a common thing so that it will unwittingly become cultured (Saefulloh, 2020).

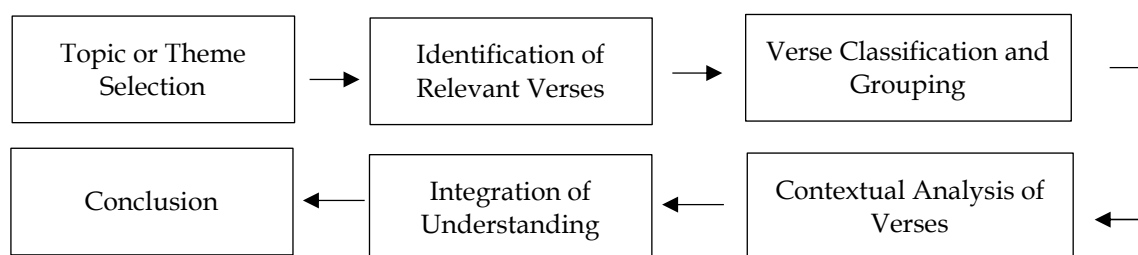
John Archer's research brings a new perspective about Bullying. Children with high levels of the hormone testosterone tend to be more confident, have greater muscle mass, and are more competitive, so they do not hesitate to fight back if they get unfair treatment. On the other hand, victims of Bullying tend to have lower testosterone levels. Their attitudes are more likely to be passive and submissive than aggressive; they also tend not to be competitive, so they prefer not to fight back when bullied. The more they do not fight back, allowing Bullying to happen to them once or twice and so on, the more they will become victims (Fauziah & Mulkih, 2023).

From the data described above, we can conclude that bullying cases in Indonesia are very concerning, so this research is vital. This study will examine the maudu'I method to provide a holistic view from various perspectives in the Qur'an on how Bullying should be avoided and how relationships between people should be maintained. The formulation of the problem in this study is to find out "Bullying in the Perspective of the Quran" to investigate the phenomenon of Bullying in the Islamic religious context, especially from the perspective of the Quran.

## B. Method

The research method used in this research is a descriptive qualitative method of analysis, namely an effort to collect data, first compile, explain, and then analyze. This research approach uses literature (literature), which focuses on references to relevant sources/books by searching, examining, analyzing, and generalizing from the facts and the results of thoughts that experts have written. This type of research is library research, which makes library material the primary data source in this research. The data related to this research is collected through a literature study because this research is related to understanding Qur'anic verses (Sari, 2021).

The data collection technique in this study has several stages: First, researchers conducted the research by searching, observing, and analyzing the verses of the Qur'an related to Bullying as well as interpretations related to the verse. Second, I will search and review books, journals, articles, and previous theses that match the study theme. Then, all the data obtained will be collected and analyzed using the maudu'i interpretation method. The maudhu'i method of interpretation is a method of interpretation that seeks to find answers to the Qur'an about a particular problem by collecting all the verses in question and then analyzing them through the auxiliary sciences that are relevant to the problem discussed to produce a complete concept of the Qur'an about the problem (Al-Aridi, 2021). Most research in this field is intended to find answers to matters directly related to material analysis (Sari, 2020).



**Table 1.** Research Flow

## C. Result and Discussion

### Result

#### a) Data Analysis

Data analysis in this study seeks to collect literature data related to Bullying from the perspective of the Quran through books of interpretation, either print or online media, and other sources such as articles or previous studies related to the topic (Afrizal, 2014). The data collection uses descriptive data analysis techniques integrating general knowledge to gain specific insights (inductive reasoning) based on literature findings (Nurdiyanto et al., 2024; Sugiyono, 2015). The data collected is then analyzed; data analysis helps reduce the collection of data into an understandable realization through logical and systematic description, which makes the focus of the study so that it can be examined, tested, and answered carefully and thoroughly (Oktavia, 2020; Sugiyono, 2020).

#### b) Critical Appraisal

Critical appraisal in this study uses Critical Appraisal for Narrative Reviews to assess the quality, objectivity, and relevance of the literature review. This literature can be seen in Table 2.

#### c) Literature Review Results

As a result of the literature review of five articles, the author found that Islamic teachings strongly emphasize the importance of compassion and doing good and prohibit actions that denounce, rebuke, or demean others. As creatures of Allah SWT, we should help each other in goodness and not demean or put down each other (Ahmad et al., 2021).

The Qur'an Surah Al-Hujuraat: 11 explains some things that should be avoided or prohibited for someone living in a social environment. Such as not being allowed to insult each other, criticize others, call others ugly, or contain ridicule. The verse also contains an order to tolerate each other. Tasamuh linguistically means tolerance, while according to the term, tasamuh is defined as mutual respect between fellow human beings (Fauziah & Mulkiah, 2023).

Bullying is a form of injustice that is a real enemy of Islam, related to the prohibition of doing injustice to others, one of which is contained in Surah al-Hujurat. As previously explained, Surah al-Hujurat is one of the suras that discusses a series of Allah's words regarding morals, ethics, morality, the nature of faith, and the nature of believers. Surah Al Hujurat contains the guidance of a believer towards Allah swt and fellow Muslims to achieve happiness in this world and the here after (Firmansyah & Suryana, 2022).

The effect of Bullying is felt more by the victim; the effect for the bully is most likely only shunned by other friends who do not like his actions, although sometimes they, as bullies, do not care about what he does (Hanum, 2022). This attitude is one of the characteristics of believers, as said by the Prophet, which means: "The example of the believers in terms of their mutual love and affection, is like a body that if one of its members

complains of pain, then the other members of the body also feel pain" (HR. Muslim and Ahmad).

In essence, we must be more active and intensive in instilling noble values from an early age, whether sourced from religion, culture, or social norms. These values include honesty, responsibility, care, love, empathy, tolerance, patience, respect, humility, generosity, sincerity, and devotion to God (Faesal, 2022).

**Table 2.** Data Analysis Matrix Used for Literature Review

Author, Title, Journal	Method	Result
(Lailiyah et al., 2024). Bullying Dalam Al Qur'an Perspektif Kajian Tafsir Tematik. Al-Qolamuna: Journal Komunikasi Dan Penyiaran Islam, 1(4), 207-2017. <a href="https://journal.salahuddinal-ayyubi.com/index.php/AQJKPI/article/view/177">https://journal.salahuddinal-ayyubi.com/index.php/AQJKPI/article/view/177</a>	Library Research	As for the results of the study, from the interpretation of Tafsir al-munir explaining all indulgence behavior, it can be seen that indulgence behavior is highly recommended to be avoided to avoid things that can harm yourself and others. The interpretation in tafsir tahlili states that revealing actions or telling something related to sinful acts is forbidden. What is told or actions done before have dire consequences for others or yourself. For example, the impact on others is that people who listen to the person's story may do something similar to what has been done. The first negative impact of indulgence is that it is bad for oneself. Then, the second indulgence tells the story because he wants to boast of his sinful deeds and cause an arrogant attitude or act by boasting about what he has done.
(Suryadi et al., 2023). Growing The Value of Islamic Religious Education to Prevent Bullying Behavior in Islamic Boarding Schools. Edukasi Islami: Jurnal Pendidikan Islam. 12(02). <a href="https://doi.org/10.30868/ei.v12i02.3988">https://doi.org/10.30868/ei.v12i02.3988</a>	Qualitative Research	The results showed that Bullying in Islamic boarding schools occurs in physical, verbal, and social forms, which are generally caused by internal and external factors. Bullying has many negative impacts both from the side of the perpetrator and from the side of the victim of Bullying itself, both in terms of individual, social, and academic life.
(Huda & Salman, 2023). Bullying in Islamic Education Perspective of Alquran Hadith. Maharot: Journal of Islamic Education 7(1). DOI: 10.28944/maharot.v7i1.1043	Library Research	The results of this study include: 1) there are several types of Bullying from the perspective of the Qur'an and Hadith, including: Making fun of ( <i>Suriya</i> ), denouncing ( <i>lams</i> ), calling evil ( <i>tanabuz</i> ), berating ( <i>system</i> ), slandering ( <i>of</i> ), persecuting ( <i>drop</i> ), and killing ( <i>shafak</i> ). 2) The solution to the Qur'anic Hadith response to Bullying in Islamic Education is to increase understanding of the Koran and Hadith in the teaching and learning process and also imitate the attitude of the Prophet Muhammad PBUH when faced with problems with other people, which includes his attitude, namely: advising, caring, musawah, forgiving, praying, not retaliating, being silent,

Author, Title, Journal	Method	Result
(Aulia et al., 2023) Penerapan Sikap Religius Dalam Kasus Bullying. Moderasi: Jurnal Kajian Islam Kontemporer 1(01). Available from: <a href="https://journal.forikami.com/index.php/moderasi/article/view/458">https://journal.forikami.com/index.php/moderasi/article/view/458</a>	Library Research	not holding grudges, being aware of the losses in the world and the hereafter. With this conclusion, this research is expected so that educators (agents of change) always provide education to their students about how lousy Bullying is for the perpetrators and victims. And for victims. This education can be done through the Qur'an and Hadith approach.
(Irman et al., 2024) Terapi Perilaku Bullying Perspektif Al Qur'an dalam Surat Al Hujurat. Terapeutik: Jurnal Bimbingan dan Konseling 8(2). DOI: <a href="https://doi.org/10.26539/terapeutik.821929">https://doi.org/10.26539/terapeutik.821929</a>	Library Research	This study obtained the results that some causes of bullying behavior, such as lack of understanding of the impact of bullying behavior, lack of education and parental supervision, lack of moral education, and lack of religious education. The application of a religious attitude that can reduce the occurrence of bullying behavior is character education. With the attitude of believing in God, it will have a positive impact on human behavior. By having a religious attitude, such as believing that God is all-seeing, individuals can minimize unpleasant behavior, such as bullying behavior.
		The results of the analysis show that the educational implications of QS. Al-Hujurat verses 11-12 include the prohibition of making fun of others, the command not to criticize oneself, the prohibition of prejudice ( <i>su'udzaan</i> ), and the prohibition of backbiting ( <i>ghibah</i> ) fellow Muslims. With a better understanding, it is hoped that students can avoid bullying behavior and promote good morals.

#### d) Theory Review

##### 1) Definition of Bullying

The word "bullying" is derived from the word "bully," which refers to threats made by one person against another to cause psychological harm to the victim, such as stress that may result in physical or psychological harm or both. Bullying can be defined as verbal and physical behavior that aims to bully a weaker person. In Arabic, Bullying is known as التتمر, which means angry and bad-tempered to resemble an angry tiger. There are also some mufasirin who call Bullying with the *kalimah* السخرية. *Kalimah* السخرية is a *masdar* form of *fiil madhi* سخر-يسخر-سخرى, which means mockery, insulting, and belittling. Quraish Shihab, in his interpretation, states that السخرية means to make fun of, namely mentioning the shortcomings of others to laugh at those concerned, either by speech, action, or behavior (Lutfiana & Nurcholisho, 2021).

In Al Maraghi's commentary, the *kalimah* السخرية means to make fun of, mentioning the disgrace and shortcomings of others in a way that causes laughter. People say, *sakhira bihi* and *sakhira minhu* (making fun of) and *dahika bihi dahika minhu* (laughing at him) and

*hij'a bihi* and *hij'a minhu* (mocking). The *masdar* content is *as-sukhriyah* and *as-sikhriyah* (the letter sin is *dlomahkan* or *dikasrohkan*). The word السخرية can also occur by imitating words or actions or by using signs or laughing at the words of the person being mocked if he mistakes his words for his actions or lousy appearance (Al-Maraghi, 1992).

In the book of Tafsir Jalalin, Imam Jalaluddin divides three models of defamation, namely:

- 1) *Sukhriyyah* which is belittling or underestimating other people for specific reasons.
- 2) *Lamzu* is to vilify with diatribes or insults or with the ugliness of others.
- 3) *Tanabuz* is a model of diatribe or insult by calling or calling the interlocutor with an ugly title, and the worst title is calling wahai wicked or wahai Jew to a Muslim (Mujab, 2019).

Ibnu Katsir interprets the phrase السخرية that Allah forbids to ridicule others, namely denouncing and humiliating them. (Ishaq, 2004) confirmed in the Sahih hadith of the Prophet Muhammad, SAW he said which means: "Arrogance is rejecting the truth and degrading people," and there is also another narration that means: "And belittling people." The meaning of this is to humiliate and belittle others. This is haraam because sometimes the person insulted is more honorable in the sight of Allah and may even be more beloved than the one who insults (Maghfiroh, 2024).

Based on the previously mentioned definitions, it can be concluded that Bullying is a deviant behavior that is intentionally carried out by someone stronger against a weaker person to threaten, frighten, or make the victim unhappy (Adriyanti et al., 2023). According to Supriyanto, Bullying is unpleasant behavior, either verbally, physically, or socially, in the real world or cyberspace that makes someone feel uncomfortable, hurt, and depressed, whether carried out by individuals or groups. (Supriyanto E, 2022)

## 2) Types of Bullying

There are types forms of Bullying, including :

### a. Verbal Bullying

Verbal Bullying is a type of Bullying where someone uses words, gestures, or other forms of communication to hurt or intimidate another person. Verbal Bullying can take many forms, such as calling inappropriate names, insulting, seducing, threatening, and teasing. This type of Bullying can happen in person, through social media, text messages, or other forms of electronic communication (Adriyanti et al., 2023; Al-Maraghi, 1992).

Verbal Bullying can have severe negative impacts on its victims, such as emotional discomfort, anxiety, depression, low self-esteem, and even, in some cases, suicide. Therefore, we must immediately stop this form of Bullying. This can be done by speaking up and reporting the behavior to an authorized person, such as a teacher or counselor. Additionally, it can encourage the victim to seek support from friends, family members, or mental health professionals. It can also encourage victims to seek support from friends, family members, or mental health professionals. As such, we must take appropriate action so that we can help prevent verbal Bullying and keep those around us safe from becoming victims in the future (Yulaiyah, 2022).

b. Physical Bullying

In general, Physical Bullying can be defined as the intentional use of physical violence, which is a type of violence that is visible. This means that anyone can see it because there is physical contact between the perpetrator and the victim as a threat or actual violence against another person or against a group or community, which results in injury or is likely to cause injury, death, psychological harm, abnormal growth, or loss (Harahap, 2016). Boys more commonly carry out Physical Bullying, and this type of Bullying is easy to recognize because the physical actions can be seen, and the traces of the violence caused can be seen. Examples are slapping, hitting, kicking, pushing, and other acts of physical violence (Harahap, 2016).

c. Relational Bullying (Mental Psikologis)

Relational Bullying is the only form of Bullying that cannot be stopped and does not involve authority figures. The purpose of this form of Bullying is to undermine a person's self-esteem. This form of oppression is complicated to detect. This form of Bullying usually takes the form of glances, mocking laughter, sighs, and mocking body language. This type of Bullying has the potential to cause mental decline in children and degradation of the moral character of the perpetrators (Fauziah & Mulkihah, 2023).

d. Electronic Bullying

This form of Bullying is shared among peers. By terrorizing the victim using texts, animations, images, and video clips that specifically intimidate, upset, or intimidate in other ways. This type of Bullying is usually carried out by groups of teenagers who have a good understanding of information technology tools and other electronic media (Fauziah & Mulkihah, 2023).

e. Sexual Bullying

Sexually degrading behavior, including comments, touching, or verbal or physical harassment related to issues of sexuality (Astuti et al., 2018). Unpleasant treatment that has sexual connotations is also included in the category of sexual harassment. If the victim feels offended, embarrassed, afraid, or intimidated as a result of the treatment, it can be considered a form of sexual harassment.

### 3) Efforts to Address Bullying

We need to build awareness in every member of society so as not to have a significant negative impact on victims of Bullying (Marhaely et al., 2024). Overcoming Bullying involves a concerted effort to create a welcoming and conducive place for children to thrive without fear (Rizqi et al., 2024). There are several efforts to address the issue, including:

1. Socialization of Bullying

Conducting socialization at school and in the community about bullying prevention can help to overcome bullies by providing education regarding the description of Bullying, the impact obtained by the perpetrators and victims, and how to prevent Bullying. Socializing about this and explaining the impact of Bullying in schools is very important.

In this socialization, it is hoped that children will avoid bullying behavior and also be able to anticipate Bullying around the school (Maelani et al., 2024).

## 2. Instilling Ethics and Morals with Islamic Education

Islamic education has been proven effective in shaping individual morals and ethics. The content of Islamic education teaches about spiritual values, mutual respect for oneself and others, and good behavior in daily life. Therefore, Islamic education as one of the subjects in schools can help students understand good moral and ethical values. For example, teaching the main points of religious values in the Qur'an and implementing character education programs by instilling Islamic teachings such as performing sunnah prayers and mandatory prayers in congregation (Maelani et al., 2024).

## 3. Overcoming Bullying Through Behavioral Counseling

One of the efforts that some schools have made is to impose sanctions and call the perpetrators' parents to the school to work together to prevent bullying cases. However, the results obtained have not been effective enough because changes in the attitudes and behavior of bullying perpetrators are only temporary. Among the solutions carried out by the school is to facilitate counseling for each student. Behavioral counseling is a process of helping people learn to deal with interpersonal, emotional, and specific interests. Counselors have a role in helping people learn or change behavior. In addition, the counselor has a role in creating a conversion learning process so clients change their behavior and solve their problems (Prasetio & Fanreza, 2023).

## 4. Building Self-Confidence

It is important to realize your strengths and potential. Focus on your positive things, and do not compare yourself to others. Learn to express opinions and wishes politely, clearly, and firmly and avoid being aggressive or passive. Do not let yourself be intimidated by others, and deal with fear and anxiety calmly and confidently. Hang out with people who support you (Maghfiroh & Nasrulloh, 2025).

## Discussion

The nature of Bullying has existed from pre-Islamic times, as evidenced by the many incidents of oppression carried out by powerful kings to the weak, intimidation by strong tribes to the weaker ones, as well as the existence of a slavery system that shows the absence of a balance of power (Fauziah & Mulkihah, 2023). This is strongly discouraged in religion. The purpose of religion is for peace, spreading love, and regulating social order for the better (Masrurroh, 2023). Likewise with the teachings of Islam, since the beginning of its decline, it has been emphasized that Islam carries the vision of *rahmatan lil alamīn*. This is by QS: Al-Anbiya' verse 107:

وَمَا أَرْسَلْنَاكَ إِلَّا رَحْمَةً لِّلْعَالَمِينَ

Meaning:

“And We have not sent you but to be a mercy to the universe.” (QS. Al-Anbiya': 107)

In his commentary, al-Maraghi states that the Prophet was sent with a teaching that contains benefits in this world and the hereafter. It is just that the disbelievers do not want to utilize it but instead turn away from it due to their corrupt nature, not accepting this grace and being grateful for this blessing so that they do not feel happiness in religious and worldly affairs (Al-Maraghi, 1993).

Islam strictly prohibits physical and verbal Bullying. Acts of physical violence committed to humiliate or torment others are strongly condemned. Although in one hadith, it is explained about corporal punishment for people who do not obey paying taxes, it shows an inhumane act and dehumanizes others (Maghfiroh & Nasrulloh, 2025). This is explained in Surah Al-Hujuraat: 11, which reads as follows:

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا يَسْخَرُ قَوْمٌ مِنْ قَوْمٍ عَسَىٰ أَنْ يَكُونُوا خَيْرًا مِنْهُمْ وَلَا نِسَاءٌ مِنْ نِسَاءٍ عَسَىٰ أَنْ يَكُنَّ خَيْرًا مِنْهُنَّ ۚ وَلَا تَلْمِزُوا أَنفُسَكُمْ وَلَا تَنَابَزُوا بِاللُّغَابِ ۚ بِئْسَ الْإِسْمُ الْفُسُوقُ بَعْدَ الْإِيمَانِ ۚ وَمَنْ لَمْ يَتُبْ فَأُولَٰئِكَ هُمُ الظَّالِمُونَ

Meaning:

“O you who believe, let not one people make fun of another people (for) it may be that they (the made fun of) are better than they (the made fun of). And let not women (make fun of) other women (for) it may be that the women (being made fun of) are better than the women (making fun of) and let you not make fun of yourselves. (QS. Al Hujuraat: 11).”

In Sahih Tafsir, Ibn Kathir explains the meaning of Surah Al-Hujuraat: 11, that we should not, as believers, insult and mock other believers. Allah SWT forbids us to insult others by making fun of them. The prohibition is addressed to men and women because the men and women who are made fun of are better than those who are made fun of. As a reasonable human being, of course, he will not reproach himself, not give bad titles or nicknames to others, and should not reproach (through actions/speech) or swear at others. This is because other people are just like themselves (Al-Mubarakpuri, 2016).

In Tafsir Jalalain, it is said that this verse relates to a situation where the Banu Tamim mocked the disbelievers who embraced Islam. Furthermore, there is a narration stating that QS. Al-Hujurat verse 11 was revealed in the context of the behavior of the tribe members of Bani Tamim during their visit to the Prophet Muhammad. During the visit, they mocked some of the Prophet's companions who were in poverty, including Ammar, Shuhaib, Bilal, Khabbab, Ibn Fujairah, Salman al-Farisi, and Salim, the former slave of Abu Huzaifah. The ridicule was motivated by the effortless clothing worn by these companions (Nabil, 2024).

In Tafsir, Al Maraghi explains that some believers should not ridicule others. After that, Allah SWT mentions why it should not be done. Sometimes, the person being made fun of is better in the sight of Allah than those who make fun of him, as stated on a basis. If a man with matted hair and dust has nothing and is not cared for, if he swears by the name of Allah (HR. Bukhari and Muslim) (Al-Maraghi, 1992). This is so that no one dares to make fun of another person he despises because of his rags or because he has a defect in his body or does not speak well (Firmansyah & Suryana, 2022).

The interpretation of this verse also explains that do not let the women among you make fun of women. Hence, it is possible because other women who are made fun of are better than those who make fun, do not reproach others, and do not call others bad names. That is, do not let some of you call others by nicknames that they do not like, among others: O you wicked And whoever does not repent from such actions (then they are the wrongdoers) (Al-Mahalli & As-Suyuthi, 2019).

This confirms the prohibition in Islam against behavior that degrades or insults others, including Bullying. As a moral guide, religious teachings also emphasize the importance of respecting and appreciating the dignity of every individual (Fauziah & Mulkihah, 2023). This is explained in another verse that mentions verbal Bullying, namely in Surah At-Taubah verse 79:

الَّذِينَ يَلْمِزُونَ الْمُطَّوِّعِينَ مِنَ الْمُؤْمِنِينَ فِي الصَّدَقَاتِ وَالَّذِينَ لَا يَجِدُونَ إِلَّا جُهْدَهُمْ فَيَسْخَرُونَ مِنْهُمْ ۗ سَخِرَ اللَّهُ مِنْهُمْ وَلَهُمْ عَذَابٌ أَلِيمٌ

Meaning:

“(The hypocrites) are those who reproach the believers who give alms voluntarily and who (reproach) those who get only what they can afford, so the hypocrites insult them. Allah will repay their insults, and they will receive a painful punishment (QS. At-Taubah: 79).

Basically, Islam has taught us to prioritize gentleness as exemplified by the Prophet Muhammad SAW and the hadith explained earlier. We should not use our physicality to hurt other Muslims. Allah SWT says in Surah Al Hujurat verse 10:

إِنَّمَا الْمُؤْمِنُونَ إِخْوَةٌ فَأَصْلِحُوا بَيْنَ أَخَوَيْكُمْ وَاتَّقُوا اللَّهَ لَعَلَّكُمْ تُرْحَمُونَ

Meaning:

“Verily, the believers are brothers, so reconcile between your brothers and fear Allah that you may find mercy.” (QS. Al Hujurat:10)

Tafsir Surah Al Hujurat:10 is based on what is quoted from *the Quran.kemenag.go*. Surah Al-Hujurat: 10 explains that all believers are brothers because they are in one faith. Indeed, this brotherhood requires people to love other brothers as they love themselves. In addition, Surah Al-Hujurat:10 implies that unity and integrity will bring mercy to the believers. Conversely, disputes and divisions will keep them away from the grace of Allah SWT. We often hear a saying that unity strengthens us, and when divorced, it will collapse (Faesal, 2022).

## D. Conclusion

The teachings of Islam emphasize the importance of compassion and doing good and prohibit actions that denounce, rebuke, or demean others. As creatures of Allah SWT, we should help each other in goodness and not demean or put down each other. Islam

emphasizes the values of tolerance, cooperation, and mutual respect for all humans, without exception, who must be treated with respect and respect and respect each other.

This research can provide a deeper understanding of moral behavior in Islam and how the Qur'an teaches people to maintain good relationships with each other. In addition, the issue of Bullying is not only a social issue but also a spiritual issue in Islam, as it can damage the character of individuals and society as a whole.

Future research can dig deeper into the historical context of verses that discuss violence and mistreatment of others to understand better changes in social context from the time of the Prophet Muhammad SAW to the contemporary era. In addition, future research can expand the study to include the use of technology and social media in dealing with Bullying.

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